

CANADIAN SPORT INSTITUTE ONTARIO WELCOMES NEW HIGH PERFORMANCE ATHLETE DEVELOPMENT ADVISOR



For Immediate Release

TORONTO (May 5, 2016) – Canadian Sport Institute Ontario (CSIO) is pleased to announce the hiring of Stephanie Jameson as its newest High Performance Athlete Development Advisor.

In her role as a High Performance Athlete Development Advisor, Stephanie will work with targeted Provincial and National Sport Organizations supporting their technical leaders, athletes and coaches while providing leadership in the execution and delivery of their high performance plan. Stephanie will also work closely with CSIO's Sport Science and Sport Medicine practitioners to ensure the Integrated Support Teams (IST) are aligned to the identified performance plans and requirements of the sport.

A former National Team field hockey player, Stephanie has represented Canada at various international competitions including three Commonwealth Games and three Pan American Games. Stephanie's passion for amateur sport lead to her to pursue a career in sport off the field, both as a coach and as a sport administrator, having completed her Masters in Sport Management with a focus on Talent Identification and Development.

"We are very excited to welcome Stephanie to the CSIO team," said Tommy Wharton, CSIO's Director, High Performance Sport. "Stephanie brings years of expertise as a former National Team athlete, a coach and as a sport administrator. Her wealth of knowledge and high performance acumen will provide valuable support to athletes and coaches in achieving their goals, and striving towards the podium."

BIOGRAPHY:

Stephanie Jameson

High Performance Athlete Development Advisor

Stephanie has a passion for amateur sport. She has been involved as an athlete, coach, volunteer, and professional for programs ranging from grassroots to high performance. As a field hockey player, she represented Canada for over ten years, competing in three Commonwealth Games, three Pan American Games, and numerous other international competitions. During this time she obtained a BHK in Sport Management from the University of British Columbia, and won three National Championships with the Thunderbird varsity field hockey program. She went on to work for Field Hockey BC for five years, where she developed Regional and Provincial high performance programs, managed logistics for athletes and coaches attending National championships, and assisted with tournaments and general operations.

Upon her retirement from Team Canada in 2012, she attended Ulster University in Belfast, where she completed her MSc in Sport Management with a focus on Talent Identification and Development. She gained valuable experience working as a Performance Planner at the Sports Institute Northern Ireland before returning to Canada in 2015 to work as a Deputy Venue Manager for the TO2015 Pan American Games. A certified field hockey coach, Stephanie has coached a wide variety of teams and athletes including the UBC Thunderbirds, BC Provincial Team, and club teams in both Vancouver and Northern Ireland.

Stephanie can be reached via email at sjameson@csiontario.ca

About Canadian Sport Institute Ontario

Located at the new Toronto Pan Am Sports Centre, a legacy facility of the Toronto 2015 Pan/Parapan American Games, Canadian Sport Institute Ontario (CSIO) is a non-profit organization committed to the pursuit of excellence by providing world-class programs, services, and leadership to high performance athletes and coaches to enhance their ability to achieve international podium performances. CSIO offers athletes a range of sport science and sport medicine services including nutrition, physiology, biomechanics, strength & conditioning, mental performance,

sport therapy and life services. CSIO also delivers programming and services to National and Provincial Sport Organizations and coaches to work towards building a stronger sport system in Ontario and Canada.

CSIO services approximately 700 high performance athletes and 250 coaches, at its main facility at the Toronto Pan Am Sports Centre, its satellite location at the Mattamy National Cycling Centre in Milton, and in daily training environments across Ontario. CSIO is part of a larger network of 4 institutes and 3 multi-sport centres across the country known as the Canadian Olympic and Paralympic Sport Institute Network, working in partnership with the Canadian Olympic Committee and Canadian Paralympic Committee. CSIO is further supported by the Ministry of Tourism, Culture and Sport, Sport Canada, Own the Podium, and the Coaching Association of Canada, along with the National and Provincial Sport Organizations within the sector.

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Media Contact:

Laura Albright, Senior Communications Coordinator

Canadian Sport Institute Ontario

Tel: 416.596.1240 Ext. 238

Email: lalbright@csiontario.ca | www.csiontario.ca