

CANADIAN SPORT INSTITUTE ONTARIO CONGRATULATES THE ONTARIO GOVERNMENT ON *GAME ON* – THE ONTARIO GOVERNMENT’S SPORT PLAN



POWERING PODIUM PERFORMANCES
INSPIRER L'EXCELLENCE

For Immediate Release

TORONTO (November 25, 2015) - Canadian Sport Institute Ontario (CSIO) congratulates the Ontario Government, specifically the Ministry of Tourism, Culture and Sport and Minister Michael Coteau on the unveiling of *Game ON* – The Ontario Government’s Sport Plan.

Game ON is an unprecedented plan targeting three (3) priority areas:

- Participation: Actions that enable all Ontarians to participate in safe, organized amateur sport
- Development: Actions that help Ontario’s athletes receive the right support as their skills develop
- Excellence: Actions to help Ontario’s high performance athletes pursue excellence by facilitating access to the latest training, programs, facilities, resources and technical experts

Game ON reaffirms the Ontario Government’s support of high performance sport in Ontario, and the importance of programs such as CSIO’s Ontario High Performance Sport Initiative (OHPSI) program. The goal of the OHPSI program is to identify those athletes who are most capable of achieving future international podium success in targeted sports, and provide funding to support their optimum daily training environment. This includes technical expertise, world-class sport science and sport medicine services, specialized coaching, equipment and competitive training opportunities. CSIO is grateful to the Ministry of Tourism, Culture and Sport and the Ontario Government for their continued support of this and other high performance programs and believes that *Game ON* will take these programs, and the athletes and coaches impacted, to new heights and international podium success.

A primary focus throughout the Sport Plan is in the advancement of women in sport, including increased participation of girls and women in all sports and at all levels of sport - from playground to podium, from athlete to coach to official. CSIO is proud to be partnering with CAAWS, the Canadian Association for Advancement of Women and Sport, to offer the Women and Leadership Program hosted at CSIO and delivered by CSIO’s Lead, Coach Development and CAAWS facilitator, Wendy Dobbin. The workshop series kicks-off next week, on November 30th, with the first session on Effective Networking. Other Women and Leadership Program workshops include Conflict Management, Influencing Change, Effective Communication and Life Balance. The CAAWS Women and Leadership Program aims to provide an opportunity for women working or volunteering in the sport or physical activity sector to share experiences, reflect on ideas and apply specific techniques while networking with other participants.

CSIO’s President and CEO, Debbie Low, will also serve as a member of the Minister’s Advisory Panel to help achieve the priorities set out in *Game ON*. Debbie joins many prominent sport sector leaders on this panel including Karen O’Neill, CEO of Canadian Paralympic Committee; Susan Kitchen, Executive Director of Coaches Association of Ontario; Dwayne De Rosario, Canadian Soccer Athlete; and co-chairs Dr. Bruce Kidd, Principal and Professor at University of Toronto Scarborough; and Mary Spencer, Canadian Boxing Athlete.

QUOTE:

“Congratulations to The Ontario Government, Minister Coteau and the Ministry of Tourism, Culture and Sport on this historic announcement. *Game ON* will change the landscape of sport in Ontario at all levels. CSIO is thrilled to play a contributing role to the Sport Plan and is grateful for the Ontario Government’s continued support. Thank you to Minister Coteau as well, for inviting me to sit on the Advisory Panel. I look forward to working with the Minister, the other members of the Advisory Panel, and the Ontario sport community to strengthen and grow the sport system in Ontario.”

Debbie Low
President and CEO, Canadian Sport Institute Ontario

About Canadian Sport Institute Ontario

Located at the new Toronto Pan Am Sports Centre, a legacy facility of the Toronto 2015 Pan/Parapan American Games, Canadian Sport Institute Ontario (CSIO) is a non-profit organization committed to the pursuit of excellence

by providing world-class programs, services, and leadership to high performance athletes and coaches to enhance their ability to achieve international podium performances. CSIO offers athletes a range of sport science and sport medicine services including nutrition, physiology, biomechanics, strength & conditioning, mental performance, sport therapy and life services. CSIO also delivers programming and services to National and Provincial Sport Organizations and coaches to work towards building a stronger sport system in Ontario and Canada.

CSIO services approximately 700 high performance athletes and 250 coaches, at its main facility at the Toronto Pan Am Sports Centre, its satellite location at the Mattamy National Cycling Centre in Milton, and in daily training environments across Ontario. CSIO is part of a larger network of 4 institutes and 3 multi-sport centres across the country known as the Canadian Olympic and Paralympic Sport Institute Network, working in partnership with the Canadian Olympic Committee and Canadian Paralympic Committee. CSIO is further supported by the Ministry of Tourism, Culture and Sport, Sport Canada, Own the Podium, and the Coaching Association of Canada, along with the National and Provincial Sport Organizations within the sector.

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