

ONTARIO ATHLETES THE LARGEST REPRESENTATION ON THE CANADIAN PARAPAN AM GAMES TEAM



For Immediate Release

POWERING PODIUM PERFORMANCES
INSPIRER L'EXCELLENCE

TORONTO (August 7, 2015) - Canadian Sport Institute Ontario (CSIO) would like to congratulate all of the athletes and coaches named to Team Canada. CSIO would also like to congratulate the 74 Ontario athletes and guides, the numerous Ontario coaches and the countless support staff representing Canada at the 2015 Parapan American Games in Toronto. Ontario athletes comprise 34% of the total Canadian Parapan Am Team, the largest contribution from any province or territory.

"CSIO has always been a proud supporter of the Paralympic Movement and partner of the Canadian Paralympic Committee. For over a decade we have provided sport science, sport medicine, and high performance leadership to provincial and national para sport organizations, their athletes and coaches, culminating with our move to a new fully-accessible and state-of-the-art training facility," said Debbie Low, CEO of Canadian Sport Institute Ontario. "Seeing so many Ontario athletes set to represent Canada at the Parapan Am Games is proof that the high performance para-athlete development system is thriving in Ontario. Building off the success of Team Canada at the Pan Am Games last month, we look forward to watching the Canadian Parapan Am Games Team inspire us as they strive to reach the podium!"

Among the Ontarians competing in the Games, 42% are from the Greater Toronto area and over 30% of the Ontario athletes named to the team have received sport science and sport medicine services from CSIO. The sport science and sport medicine services include strength and conditioning, nutrition, mental performance, biomechanics and performance analysis, physiology, and athletic therapy, delivered by CSIO's in-house team of expert practitioners. Two sports are also partnered with CSIO in the Ontario High Performance Sport Initiative (OHPSI) - Wheelchair Basketball and Wheelchair Rugby. As well, multiple sports have identified specific high performance para athletes that have their primary daily training environment in Ontario. CSIO works with these partnered NSOs and PSOs and the identified high performance athletes and coaches to enhance their ability to achieve international podium performances.

Highlights of Ontario athletes to watch at the TORONTO 2015 Parapan Am Games include:

- The **Men's & Women's Wheelchair Basketball Teams** - the Men's Team are the 2012 Paralympic Champions & the Women's Team are the reigning 2014 World Champions.
- Para-Athletics wheelchair racer, **Josh Cassidy** of Guelph, who holds the world-record for fastest marathon ever completed (2012 Boston Marathon).
- **Jason Dunkerley** of Ottawa, who won a pair of medals at the 2012 Paralympic Games and holds the Canadian record in the T11 visually impaired 800m, 1500m and 5000m.
- The **Wheelchair Rugby Team** looks to win Gold as Wheelchair Rugby makes its debut at the Parapan Am Games; the Canadian Wheelchair Rugby Team won Silver in London at the 2012 Paralympic Games.
- **Adam Purdy** of London, 2-Time Paralympic Gold medallist in Swimming (2000 Sydney Paralympic Games). Adam is coming out of retirement to compete on home soil at the Games.
- **Benoit Huot**, 19-Time Paralympic and 4-Time Parapan Am Medallist in Swimming. Although Benoit is from Montreal, he has trained with Swimming Canada's High Performance Centre Ontario at the Toronto Pan Am Sports Centre and CSIO for the past year leading into the Games, making him an honorary Ontarian.

Ontario athletes join a team of 142 other athletes and guides from across the country, to be the largest team (216 athletes and guides!) to ever represent Canada at a Parapan American Games.

CSIO wishes Ontario athletes, coaches, and support staff representing Canada, the best of luck at the Games!

Go Canada Go!

Complete List of Ontario Athletes Representing Canada at the 2015 Parapan Am Games enclosed.

About Canadian Sport Institute Ontario

Located at the new Toronto Pan Am Sports Centre, a legacy facility of the Toronto 2015 Pan/Parapan American Games, Canadian Sport Institute Ontario (CSIO) is a non-profit organization committed to the pursuit of excellence

by providing world-class programs, services, and leadership to high performance athletes and coaches to enhance their ability to achieve international podium performances. CSIO offers athletes a range of sport science and sport medicine services including nutrition, physiology, biomechanics, strength & conditioning, mental performance, sport therapy and life services. CSIO also delivers programming and services to National and Provincial Sport Organizations and coaches to work towards building a stronger sport system in Ontario and Canada.

CSIO services approximately 700 high performance athletes and 250 coaches, at its main facility at the Toronto Pan Am Sports Centre, its satellite location at the Mattamy National Cycling Centre in Milton, and in daily training environments across Ontario. CSIO is part of a larger network of 4 institutes and 3 multi-sport centres across the country known as the Canadian Olympic and Paralympic Sport Institute Network, working in partnership with the Canadian Olympic Committee and Canadian Paralympic Committee. CSIO is further supported by the Ministry of Tourism, Culture and Sport, Sport Canada, Own the Podium, and the Coaching Association of Canada, along with the National and Provincial Sport Organizations within the sector.

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Ontario Athletes on Team Canada for the TO2015 Parapan Am Games

LAST NAME	FIRST NAME	FUNCTION	SPORT	RESIDENCE CITY	RESIDENCE PROVINCE	HOMETOWN CITY	HOMETOWN PROVINCE
Denys	Alec	Athlete	Archery	Douro-Dummer	Ontario	Wallaceburg	Ontario
Van Nest	Karen	Athlete	Archery	Warton	Ontario		Ontario
Cassidy	Josh	Athlete	Athletics	Guelph	Ontario	Port Elgin	Ontario
Chase	Mitchell	Athlete	Athletics	Pickering	Ontario	Pickering	Ontario
Christophe	Isaiah	Athlete	Athletics	Brampton	Ontario	Brampton	Ontario
Dunkerley	Jason	Athlete	Athletics	Ottawa	Ontario		
Farrell	Josh	Athlete	Athletics	Port Elgin	Ontario	Port Elgin	Ontario
Foessel	Renee	Athlete	Athletics	Orangeville	Ontario	Mississauga	Ontario
Petty	Kyle	Athlete	Athletics	Brampton	Ontario	campbellford	Ontario
Quarcoo	George	Athlete	Athletics	Toronto	Ontario	Toronto	Ontario
Roberts	Jason	Athlete	Athletics	Toronto	Ontario	Toronto	Ontario
Robinson	Leah	Athlete	Athletics	Mannheim	Ontario	Kitchener	Ontario
Salomons	Cody	Athlete	Athletics	Strathroy	Ontario	Strathroy	Ontario
Strybosch	Kevin	Athlete	Athletics	London	Ontario	London	Ontario
Trudgeon	Kenneth	Athlete	Athletics	London	Ontario	London	Ontario
Vick	Wes	Athlete	Athletics	Toronto	Ontario	Seaforth	Ontario
Whitehouse	Kyle	Athlete	Athletics	St.Catharines	Ontario	london	Ontario
Johnson	Adam	Guide	Athletics	Scarborough	Ontario	Scarborough	Ontario
Karanja	Joshua	Guide	Athletics	Ottawa	Ontario	Ottawa	Ontario
Dukovich	Adam	Athlete	Boccia	Ottawa	Ontario	London	Ontario
McLeod	Tammy	Athlete	Boccia	London	Ontario	Strathroy	Ontario
Gautier	Shelley	Athlete	Cycling	Toronto	Ontario	Toronto	Ontario
Ledo	Mark	Athlete	Cycling	Maple	Ontario	Maple	Ontario
Weldon	Robbi	Athlete	Cycling	Thunder Bay	Ontario	Thunder Bay	Ontario
Brown	Matthew	Athlete	Football - 7-a-Side	Fraserville	Ontario	Fraserville	Ontario
Charron	Sam	Athlete	Football - 7-a-Side	Ottawa	Ontario	Ottawa	Ontario
Gilbert	Matt	Athlete	Football - 7-a-Side	Ajax	Ontario	Ajax	Ontario
Heffernan	Nicholas	Athlete	Football - 7-a-Side	London	Ontario	London	Ontario
Phillips	John	Athlete	Football - 7-a-Side	Tiny Beaches	Ontario		
Wojtjw	Damien	Athlete	Football - 7-a-Side	Etobicoke	Ontario	Etobicoke	Ontario
Bogart	Whitney	Athlete	Goalball	Ottawa	Ontario	Marathon	Ontario
MacSween	Jillian	Athlete	Goalball	Toronto	Ontario	Halifa	Nova Scotia
Orgeles	Cassandra	Athlete	Goalball	North York	Ontario	Fort Erie	Ontario
Gagné	Priscilla	Athlete	Judo	Ottawa	Ontario	Ottawa	Ontario
Radoman	Alexander	Athlete	Judo	Hamilton	Ontario		
Walby	Tony	Athlete	Judo	Ottawa	Ontario	Ottawa	Ontario
Berube	Camille	Athlete	Swimming	Ottawa	Ontario	Gatineau	Quebec
Bouckley	Isaac	Athlete	Swimming	Port Hope	Ontario		
Elliot	Alexander	Athlete	Swimming	Kitchener	Ontario	Kitchener	Ontario
Langill	Nydia	Athlete	Swimming	Mississauga	Ontario	Mississauga	Ontario
Michie	Gordie	Athlete	Swimming	St. Thomas	Ontario	St. Thomas	Ontario
Purdy	Adam	Athlete	Swimming	London	Ontario	London	Ontario
Routliffe	Tess	Athlete	Swimming	Caledon	Ontario	Caledon	Ontario
Sergeant-Tsonos	Christopher	Athlete	Swimming	Kingston	Ontario	Kingston	Ontario
Tripp	Abi	Athlete	Swimming	Kingston	Ontario	Kingston	Ontario
Zona	Zachary	Athlete	Swimming	Waterford	Ontario	Waterford	Ontario
Mudassar	Muhammad	Athlete	Table Tennis	Brampton	Ontario	Brampton	Ontario
Murtaza	Asad	Athlete	Table Tennis	Milton	Ontario	Milton	Ontario
Syed	Asad	Athlete	Table Tennis	Toronto	Ontario	Toronto	Ontario
Anderson	Jamoi	Athlete	Volleyball - Sitting	Brampton	Ontario	Toronto	Ontario
Beauchesne	Chantal	Athlete	Volleyball - Sitting	Petawawa	Ontario	St-isidore	Ontario
Buckingham	Jesse	Athlete	Volleyball - Sitting	Toronto	Ontario	Toronto	Ontario
Fergusson	Anne	Athlete	Volleyball - Sitting	Carleton Place	Ontario	Carleton Place	Ontario
Khanmohammad	Massoud	Athlete	Volleyball - Sitting	Richmond Hill	Ontario	Richmond Hill	Ontario
Naval	Jason	Athlete	Volleyball - Sitting	Toronto	Ontario	Toronto	Ontario
Tucker	Andrew	Athlete	Volleyball - Sitting	Toronto	Ontario	Brampton	Ontario
Wong	Jolan	Athlete	Volleyball - Sitting	Pembroke	Ontario	Vermilion	Alberta
Dini	Abdi	Athlete	Wheelchair Basketball	Scarborough	Ontario	Scarborough	Ontario
Ferguson	Tracey	Athlete	Wheelchair Basketball	Erin	Ontario	Toronto	Ontario
Green	Deion	Athlete	Wheelchair Basketball	Scarborough	Ontario	Victoria	British Columbia
Harnock	Katie	Athlete	Wheelchair Basketball	St. Jacobs	Ontario		Ontario
Hawtin	Melanie	Athlete	Wheelchair Basketball	Oakville	Ontario		
Hedges	Bo	Athlete	Wheelchair Basketball	North York	Ontario	Wonowon	British Columbia
Jewells	Jamey	Athlete	Wheelchair Basketball	Scarborough	Ontario	Donkin	Nova Scotia
Lancia	Adam	Athlete	Wheelchair Basketball	Scarborough	Ontario	Scarborough	Ontario
Miller	Tyler	Athlete	Wheelchair Basketball	Kitchener	Ontario	Kitchener	Ontario
Sales	Darda	Athlete	Wheelchair Basketball	London	Ontario	London	Ontario
Vermette	Jonathan	Athlete	Wheelchair Basketball	Scarborough	Ontario	Sherbrooke	Quebec
Caldwell	Cody	Athlete	Wheelchair Rugby	London	Ontario	Peterborough	Ontario
Crone	Jason	Athlete	Wheelchair Rugby	Owen Sound	Ontario		
Dagenais	Patrice	Athlete	Wheelchair Rugby	Embrun	Ontario	Embrun	Ontario
Whitehead	Michael	Athlete	Wheelchair Rugby	Hollis	New Hampshire	Windsor	Ontario
Willis	David	Athlete	Wheelchair Rugby	London	Ontario	London	Ontario
Dembe	Joel	Athlete	Wheelchair Tennis	Toronto	Ontario	Toronto	Ontario