

CANADIAN SPORT INSTITUTE ONTARIO WELCOMES NEW STAFF



For Immediate Release

TORONTO (August 21, 2015) - Canadian Sport Institute Ontario (CSIO) is pleased to announce the hiring of the following new staff:

- Marie Dannhaeuser, High Performance Athlete Development Advisor
- Emily Wood, Performance Scientist
- Laura Hutchinson, Athletic Therapist
- Jordan Clarke, Sport Scientist

As well, CSIO would like to congratulate Strength and Conditioning Coach, Chris Chapman on being named the Acting Lead, Strength and Conditioning. As mentioned in a previous announcement, Sheldon Persad, the current Lead, Strength and Conditioning, will be moving into the role of Interim Director, Sport Science and Sport Medicine with the departure of Troy Taylor from CSIO.

As a High Performance Athlete Development Advisor, Marie will work with targeted Provincial Sport Organizations and their technical leaders, athletes and coaches to provide leadership and support in their high performance plan. Marie will also work closely with CSIO's Sport Science and Sport Medicine practitioners to ensure the Integrated Support Teams (IST) are aligned to the identified performance plans and requirements of the sport.

Emily will primarily work with national and provincial level cyclists out of CSIO's satellite office at the Mattamy National Cycling centre in Milton, ON. In her role, Emily will provide targeted athletes and coaches with analysis of technical and tactical performance and work with other IST practitioners to develop strategies and training plans for optimal performance.

Laura will also work primarily out of CSIO's satellite office in Milton. As an Athletic Therapist, Laura will provide the daily implementation of an athlete treatment process and provide high level daily training environment therapy services to the targeted high performance athletes training at Mattamy National Cycling Centre.

In his role as a Sport Scientist, Jordan will work with Rowing Canada and Row Ontario out of the National Training Centre in London, ON. As part of the rowing IST, Jordan will work with the coaches and other sport science and medicine experts to assist the rowers in achieving their optimal success. Jordan will provide physiological support, as well as strength and conditioning support to the athletes' throughout their training, competition, and recovery programs. He will also be responsible for overseeing testing and monitoring of athletes on an ongoing basis.

"We are excited to welcome the new staff to the CSIO team," said Tommy Wharton, CSIO's Director, High Performance Sport. "Each new member of our team brings years of expertise to their respective roles and will provide the athletes and coaches that they work with a wealth of knowledge and support in achieving their goals, and striving towards the podium."

BIOGRAPHIES:

Marie Dannhaeuser High Performance Athlete Development Advisor

Marie is happy to join the CSIO team after a successful tenure as Executive Director of the Canadian Cerebral Palsy Sports Association (CCPSA), the National Sport Organization for Boccia. Through this role, Marie gained extensive high performance organizational experience, working with Provincial and National partners across virtually all areas of the sport system.

Prior to joining CCPSA, Marie held various roles including research and teaching positions at Loughborough University in the UK, and system development work at the Canadian Paralympic Committee and Parasport Ontario. Marie's own athletic career as a Paralympic swimmer culminated with a 4th place finish at the 2000 Sydney Paralympic Games and bronze medal at the 2002 IPC World Championships.

Marie can be reached via email at mdannhaeuser@csiontario.ca

POWERING PODIUM PERFORMANCES
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Emily Wood
Performance Scientist

Emily has a huge passion for applied sport science, particularly within high performance cycling. She has already been involved with Cycling Canada for the last few years, providing Performance Analysis support at various international competitions. Her postgraduate studies at Loughborough University, combined with working as an Exercise Physiologist with Loughborough Sport, have provided an essential foundation of knowledge and experience of working with elite athletes, coaches and staff to ultimately enhance performance. She has also previously worked as a Junior Sport Scientist with Cycling Australia/Australian Institute of Sport on a year's professional placement as part of her BSc, supporting the national track sprint program with daily monitoring of training and the provision of sport science support during national and international competition.

Emily can be reached via email at ewood@csiontario.ca

Laura Hutchinson
Athletic Therapist

Laura graduated from McMaster University with a Masters of Physiotherapy. Prior to this she earned an Honours Bachelor of Science in Human Kinetics from the University of Guelph where as a part of her degree she researched the effects of acute hypoxic exposure on high level endurance runners. Recently she earned a Diploma of Advanced Manual and Manipulative Therapy from the Canadian Physiotherapy Association, Orthopaedic Division. Laura has additional post graduate training in acupuncture and pelvic health. A former varsity runner and national team member she has extensive experience treating athletes of all levels from weekend warriors to Olympians.

Laura can be reached via email at lhutchinson@csiontario.ca

Jordan Clarke, MKin, CSCS
Sport Scientist

Jordan joins the team at CSIO from Prince George, BC and is happy to be back in Ontario where he is originally from. He holds a Bachelor's Degree in Kinesiology from McMaster University and a Master's Degree from the University of Calgary. He was most recently the Manager of High Performance Services for PacificSport Northern BC, where in partnership with CSI Pacific they ran athlete development programs and two campuses of the Canadian Sport School. He has an extensive background working with Junior, University, and National Team athletes across a wide variety of sports.

Jordan can be reached via email at jclarke@csiontario.ca

About Canadian Sport Institute Ontario

Located at the new Toronto Pan Am Sports Centre, a legacy facility of the Toronto 2015 Pan/Parapan American Games, Canadian Sport Institute Ontario (CSIO) is a non-profit organization committed to the pursuit of excellence by providing world-class programs, services, and leadership to high performance athletes and coaches to enhance their ability to achieve international podium performances. CSIO offers athletes a range of sport science and sport medicine services including nutrition, physiology, biomechanics, strength & conditioning, mental performance, sport therapy and life services. CSIO also delivers programming and services to National and Provincial Sport Organizations and coaches to work towards building a stronger sport system in Ontario and Canada.

CSIO services approximately 700 high performance athletes and 250 coaches, at its main facility at the Toronto Pan Am Sports Centre, its satellite location at the Mattamy National Cycling Centre in Milton, and in daily training environments across Ontario. CSIO is part of a larger network of 4 institutes and 3 multi-sport centres across the country known as the Canadian Olympic and Paralympic Sport Institute Network, working in partnership with the Canadian Olympic Committee and Canadian Paralympic Committee. CSIO is further supported by the Ministry of Tourism, Culture and Sport, Sport Canada, Own the Podium, and the Coaching Association of Canada, along with the National and Provincial Sport Organizations within the sector.

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