

ONTARIO ATHLETES DOMINATE TEAM CANADA'S 2015 PAN AM GAMES MEDAL COUNT



TORONTO (July 28, 2015) – Canadian Sport Institute Ontario (CSIO) would like to congratulate the 284 athletes, numerous coaches and countless support staff from Ontario, as well as the entire Canadian Pan American Team, for an outstanding performance at the 2015 Pan American Games in Toronto. The Canadian Team delivered powerful performances, captivating and inspiring the nation.

It was a best-ever medal performance for Canada at the Games, with the Team eclipsing its previous record of 196 medals won in Winnipeg in 1999, with a remarkable 217 medals. Team Canada also accomplished its goal to be in the top two nations in terms of overall medals won.

The Games saw 168 Ontario athletes reach the podium a total of 201 times, contributing to 103 (40 Gold, 30 Silver, 33 Bronze) of the 217 (78 Gold, 69 Silver, 70 Bronze) medals won by Team Canada. That is a remarkable 47% of all medals won by Team Canada.

“It was an amazing Pan Am Games for Ontario and Canada. CSIO is extremely proud of our Ontario athletes, their performances and their success on the podium,” said Debbie Low, CEO of Canadian Sport Institute Ontario. “Congratulations to all of the athletes and coaches on a job well done, you have represented Canada with pride and your performances have inspired the next generation of high performance athletes. A big thank you to the Government of Canada and Sport Canada; the Province of Ontario and the Ministry of Tourism, Culture and Sport; the City of Toronto; the TO2015 organizing committee; and the incredible volunteers. We look forward to another standout performance from our athletes and coaches at the Parapan Am Games next month!”

Ontario's Pan Am Games Gold Medallists Supported By CSIO:

- **Andre De Grasse**, Athletics - 100m and 200m
- **Damian Warner**, Athletics - Men's Decathlon
- **Melissa Bishop**, Athletics - Women's 800m
- **Michelle Li**, Badminton – Women's Singles
- **Mandy Bujold**, Boxing – Women's Fly (48-51kg)
- **KC Fraser**, Kayak – K4 500m
- **Emily Batty**, Cycling Mountain Bike – Women's XCO
- **Hugo Barrette**, Cycling Track – Men's Sprint
- **Monique Sullivan**, Cycling Track – Women's Keirin and Women's Sprint
- **Jasmin Glaesser, Kirsti Lay, Laura Brown, and Allison Beveridge**, Cycling Track – Women's Team Pursuit
- **Monique Sullivan and Kate O'Brien**, Cycling Track – Women's Team Sprint
- **Hugo Barrette, Evan Carey, and Joseph Veloce**, Cycling Track – Men's Team Sprint
- **Rosie MacLennan**, Trampoline – Women's Individual
- **Kelita Zupancic**, Judo – Women's -70kg
- **Tim Schrijver**, Rowing – Men's Coxless Four, Men's Eight
- **Eric Woelfl, Nicolas Pratt, Brendan Hodge, and Max Lattimer**, Rowing – Men's Lightweight Coxless Four
- **Kerry Maher-Shaffer and Antje von Seydlitz**, Rowing – Women's Double Sculls
- **Liz Fenje and Katherine Sauks**, Rowing – Women's Lightweight Double Sculls
- **Kate Goodfellow, Kerry Maher-Shaffer, Antje von Seydlitz, Carling Zeeman**, Rowing – Women's Quadruple Sculls
- **Carling Zeeman**, Rowing – Women's Single Sculls
- **Chantal van Landeghem**, Swimming – Women's 100m Freestyle
- **Audrey Lacroix**, Swimming – Women's 200m Butterfly

- **Sandrine Mainville, Michelle Williams, Chantal van Landeghem, and Dominique Bouchard,** Swimming – Women’s 4x100m Freestyle Relay
- **Braxton Stone-Papadopoulos,** Wrestling – Women’s Freestyle 63kg

Stay tuned for additional stories detailing Ontario performances at the 2015 Pan Am Games later this week, including highlights of the medal performances of Ontario High Performance Initiative (OHPSI) identified athletes, as well as the medals earned by Ontario-based National Training Centre athletes.

About Canadian Sport Institute Ontario

Located at the new Toronto Pan Am Sports Centre, a legacy facility of the Toronto 2015 Pan/Parapan American Games, Canadian Sport Institute Ontario (CSIO) is a non-profit organization committed to the pursuit of excellence by providing world-class programs, services, and leadership to high performance athletes and coaches to enhance their ability to achieve international podium performances. CSIO offers athletes a range of sport science and sport medicine services including nutrition, physiology, biomechanics, strength & conditioning, mental performance, sport therapy and life services. CSIO also delivers programming and services to National and Provincial Sport Organizations and coaches to work towards building a stronger sport system in Ontario and Canada.

CSIO services approximately 700 high performance athletes and 250 coaches, at its main facility at the Toronto Pan Am Sports Centre, its satellite location at the Mattamy National Cycling Centre in Milton, and in daily training environments across Ontario. CSIO is part of a larger network of 4 institutes and 3 multi-sport centres across the country known as the Canadian Olympic and Paralympic Sport Institute Network, working in partnership with the Canadian Olympic Committee and Canadian Paralympic Committee. CSIO is further supported by the Ministry of Tourism, Culture and Sport, Sport Canada, Own the Podium, and the Coaching Association of Canada, along with the National and Provincial Sport Organizations within the sector.

-30-

Media Contact:

Laura Albright, Senior Communications Coordinator
Canadian Sport Institute Ontario
Tel: 416.596.1240 Ext. 238
Email: lalbright@csiontario.ca
www.csiontario.ca