

BEST OF LUCK TO ONTARIO'S PARALYMPIC ATHLETES AND COACHES HEADED TO SOCHI



POWERING PODIUM PERFORMANCES
INSPIRER L'EXCELLENCE

TORONTO (February 27, 2014) - Canadian Sport Institute Ontario (CSIO) would like to congratulate the 22 Ontario athletes (including one guide for para-alpine skiing), 2 Ontario coaches, and countless Ontario support staff representing Canada at the 2014 Paralympic Winter Games in Sochi, Russia. Ontario athletes comprise 41% of the Canadian Paralympic Team, which like at the Olympic Winter Games earlier this month, is the largest representation by any province or territory!

"CSIO wishes Ontario athletes at the Paralympic Games the best of luck as they represent Canada and strive for podium performances at the Games," said Canadian Sport Institute Ontario CEO, Debbie Low. "The strong contingent of Ontario athletes attending the Games reflects the continued development of Ontario's high performance sport system and parasport excellence that CSIO has been a part of building across the province."

The Ontario contingent of the delegation includes 12 of the 17 members of the Canadian Sledge Hockey Team, including team captain Greg Westlake (Oakville, ON), and 2 athletes of the 5 member Canadian Wheelchair Curling Team – Jim Armstrong (Cambridge, ON) and Mark Ideson (London, ON).

Ontario athletes join a team of 32 other athletes and guides from across the country representing Canada at the 2014 Paralympic Winter Games.

The Games officially begin with the Opening Ceremony on Friday March 7, 2014. The Paralympic Winter Games will be broadcast in Canada on CBC/Radio-Canada and Sportsnet, as well as through digital streaming.

Complete List of Ontario Athletes Representing Canada at the 2014 Paralympic Winter Games:

First Name	Last Name	Sport	Hometown
Billy Joe	Marcoux	Para-Alpine (Guide)	Sault Ste-Marie, Ont.
Mac	Marcoux	Para-Alpine	Sault Ste-Marie, Ont.
Erin	Latimer	Para-Alpine	Toronto, Ont.
Chris	Williamson	Para-Alpine	Toronto, Ont.
Jim	Armstrong	Wheelchair Curling	Cambridge, Ont.
Mark	Ideson	Wheelchair Curling	London, Ont.
John	Leslie	Para-Snowboard	Arnprior, Ont.
Corbin	Watson	Sledge Hockey	Kingsville, Ont.
Derek	Whitson	Sledge Hockey	Chatham, Ont.
Adam	Dixon	Sledge Hockey	Midland, Ont.
Graeme	Murray	Sledge Hockey	Gravenhurst, Ont.
Kevin	Rempel	Sledge Hockey	Vineland, Ont.
Marc	Dorion	Sledge Hockey	Bourget, Ont.
Tyler	McGregor	Sledge Hockey	Forest, Ont.
Anthony	Gale	Sledge Hockey	Brampton, Ont.
Ben	Delaney	Sledge Hockey	Ottawa, Ont.
Greg	Westlake	Sledge Hockey	Oakville, Ont.
Karl	Ludwig	Sledge Hockey	Brampton, Ont.
Brad	Bowden	Sledge Hockey	Orton, Ont.
Caroline	Bisson	Para-Nordic	Ottawa, Ont.
Margarita	Gorbounova	Para-Nordic	Ottawa, Ont.
Robbi	Weldon	Para-Nordic	Thunder Bay, Ont.

About Canadian Sport Institute Ontario

The Canadian Sport Institute Ontario (CSIO) is committed to the pursuit of excellence by providing world-class programs, services, and leadership to high performance athletes and coaches to enhance their ability to achieve international podium performances.

CSIO offers athletes a range of sport science and sport medicine services including nutrition, physiology, biomechanics, strength & conditioning, mental performance and sport therapy; as well as life services and assistance with transitioning in to and out of sport. The CSIO also delivers programming and services to National and Provincial Sport Organizations and coaches to work towards building a stronger sport system in Ontario. For more information, visit www.csiontario.ca.

-30-

Media Contact:

Laura Mauer, Senior Communications Coordinator

Canadian Sport Institute Ontario

Tel: 416.426.7007

Email: lmauer@csiontario.ca

www.csiontario.ca