

CSIO RIO 2016 GAMES TRACKER: JUDO



Yours to Discover: Team Canada and the Ontario Athletes for the 2016 Olympic & Paralympic Games

For Immediate Release

TORONTO (July 8, 2016) – Canadian Sport Institute Ontario (CSIO) would like to congratulate the 8 judokas nominated to the Canadian Olympic Team and the 2 judokas nominated to the Canadian Paralympic Team for the 2016 Rio Olympic and Paralympic Games.

Two of the eight athletes named to the Olympic Team are from Ontario:

- Kyle Reyes, Toronto, ON, -100kg
- Kelita Zupancic, Whitby, ON, -70kg

During her earlier stages of athletic development, Kelita Zupancic trained in her native Ontario as part of the Judo Ontario High Performance Program, training at the Regional Training Centre located in Toronto, ON. The Regional Training Centre moved to Toronto Pan Am Sports Centre along side CSIO when the facility opened in 2014, providing Kelita and other Ontario judokas with a world-class daily training environment. Training with Coach Pedro Guedes, Kelita has had access to CSIO's strength and conditioning and physical testing services at various stages of her career development pathway. Kelita now trains out of Judo Canada's National Training Centre in Montreal, QC.

On the Paralympic side, Tony Walby of Ottawa, ON is one of two judokas named to the Judo Team. Tony is a graduate of CSIO's Advanced Coaching Diploma (ACD) program. The ACD program is a two-year course focused on Coaching Leadership, Coaching Effectiveness, Performance Planning, and Training/Competition Readiness, with graduates recognized as being among the most qualified coaches and leaders of athletes and sport programs provincially, nationally, and internationally.

CSIO is proud to work closely with Judo Ontario, offering funding and support to athletes, coaches and technical leaders through the OHPSI (NEXTGEN Ontario) program. OHPSI (NEXTGEN Ontario) is a program designed by CSIO and funded by the Ministry of Tourism, Culture and Sport (MTCS), to provide sport science and sport medicine services to athletes who are best capable of achieving future international success on senior national teams in targeted winter and summer sports. The OHPSI (NEXTGEN Ontario) investment also contributes to funding athlete participation in training camps, international events, coach and technical leadership support and enhancing sports' daily training environments.

CSIO has provided ongoing assistance to judo through coaching and technical leadership support to the Regional Training Centre's Technical Coach and Director Pedro Guedes, who, like Tony, is also a graduate of CSIO's ACD program. Through the OHPSI (NEXTGEN Ontario) program judo has received enhanced sport science and sport medicine services for targeted athletes including Sport Nutrition, Sport Medicine, Physiotherapy, Physiology, and Strength and Conditioning services. OHPSI (NEXTGEN Ontario) has also provided funding for facility and equipment support, training and training camp support, as well as competition support to enhance match experience and international exposure.

QUOTES:

"Judo Ontario is proud to partner with CSIO and the Ministry of Tourism, Culture and Sport in the OHPSI program. These partners have been key to our continuous success on the mat. The CSIO testing, the level of knowledge of the sport science and sport medicine staff, and the support to coaching development are first class. The quality of the services CSIO provides enable the athletes to keep reaching their best. Our successes today and in the future is due to the great and unprecedented support of our High Performance Partners."

Pedro Guedes

Judo Ontario Technical Coach/Director & Judo Canada RTC

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“Congratulations to the athletes selected to represent Canada in the sport of Judo. Judo Ontario and Judo Canada are strong aligned partners and it’s fantastic to see the performance trajectory of athletes like Kelita Zupancic. Congratulations as well to RTC coach Pedro Guedes who has truly created a world-class daily training environment that will produce international podium performances for years to come. All the best in Rio!”

Tommy Wharton

Director, High Performance Sport, CSIO

“CSIO wishes to congratulate the judokas named to Team Canada for the Olympic and Paralympic Games. Having Judo Ontario’s Regional Training Centre in the same facility as CSIO at TPASC provides athletes and coaches with a state-of-the-art daily training environment. We are very proud of our partnership with Judo Ontario; Judo Canada; the Ministry of Tourism, Culture and Sport; Sport Canada; and Own the Podium and supporting the next generation of judokas who will compete for Canada on the international stage, and at future Olympic Games.”

Debbie Low

Chief Executive Officer, CSIO

About Canadian Sport Institute Ontario

Canadian Sport Institute Ontario (CSIO) is a non-profit organization committed to the pursuit of excellence by providing world-class programs, services, and leadership to high performance athletes and coaches to enhance their ability to achieve international podium performances. CSIO offers athletes a range of sport science and sport medicine services including nutrition, physiology, biomechanics, strength & conditioning, mental performance, sport therapy and life services. CSIO also delivers programming and services to National and Provincial Sport Organizations and coaches to work towards building a stronger sport system in Ontario and Canada.

CSIO services approximately 700 high performance athletes and 250 coaches, at its main facility at the Toronto Pan Am Sports Centre, its satellite location at the Mattamy National Cycling Centre in Milton, and in daily training environments across Ontario. CSIO is part of a larger network of 4 institutes and 3 multi-sport centres across the country known as the Canadian Olympic and Paralympic Sport Institute Network, working in partnership with the Canadian Olympic Committee and Canadian Paralympic Committee. CSIO is further supported by the Ministry of Tourism, Culture and Sport, Sport Canada, Own the Podium, and the Coaching Association of Canada, along with the National and Provincial Sport Organizations within the sector. www.csiontario.ca

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